

Work at height training workshop

Overview

There are many occasions where work at height is unavoidable.

Equally, there are many situations where people do not even recognise that they are actually working at height.

Due to the common nature of various work at height activities being carried out, it is not surprising perhaps that HSE statistics regularly highlight accidents and incidents involving work at height.

This course is aimed at providing a straight forward overview of Regulations associated with work at height, what actually constitutes 'work at height', how to carry out effective risk assessments of activities associated with work at height and how to select appropriate access equipment.

Course duration

The training workshop is of half a day duration (3.5 hours).

Depending on client preferences, the course will start at either 09.30am (09.00 registration) or 1.30pm (1.00pm registration) and finish at 1.00pm or 5.00 pm respectively.

What will the training workshop cover?

The training workshop will cover the following key attributes and control measures:

- The Work at Height Regulations – an overview of the Regulations and how to apply them
- Work at height – what does it actually mean and what constitutes work at height?
- Risk assessment process in association with work at height
- Selecting the right equipment to support the work at height activity
- Safe erection, use, care and inspection of scaffold structures
- Information and mandatory safety signage
- PPE requirements in association with work at height
- Mandatory training requirement in relation to work at height

Certification

All candidates will be required to complete a simple, straightforward written examination to verify that they have fully understood the scope and content of this training workshop.

On completion of the training workshop, all successful candidates will receive a certification of attendance.