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Lifting and Slinging Training Workshop

Overview

Every year many workers in the construction industry and various related industries are killed or seriously injured whilst using lifting equipment.

This is particularly the case when using mechanical devices to move loads by lifting and / or by swinging loads into position.

The training workshop is designed to provide practical, simple guidance to any persons who are or will be involved in lifting operations to fully understand how to safely use and operate lifting and slinging equipment.

Course duration

The training workshop is of half a day duration (3.5 hours).

Depending on client preferences, the course will start at either 09.30am (09.00 registration) or 1.30pm (1.00pm registration) and finish at 1.00pm or 5.00 pm respectively.

What will the training workshop cover?

The training workshop will cover the following key attributes and control measures:

- Key legislation (Health & Safety at Work Act 1974, LOLER, PUWER and PPE Regulations)
- Carrying out an effective risk assessment and the planning of Lifts (RAMS)
- Carrying out an effective load assessment, including understanding equipment limitations and implementing effective signaling and marshalling techniques
- Understanding statutory requirements for carrying out the periodic Thorough Examination of lifting equipment
- Safe use, safe working load calculations and pre-use inspection of the following equipment:
 - Chain Slings
 - Synthetic Slings
 - Wire Rope Slings
 - Shackles, Hooks, Eyebolts and Chain Blocks

Certification

All candidates will be required to complete a simple, straightforward written examination to verify that they have fully understood the scope and content of this training workshop.

On completion of the training workshop, all successful candidates will receive a certification of attendance.

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